

A Fresh Start Everyday...



As human beings we have two systems of energy. These systems are an electrical system and a combustion system.

Our electrical system is our divine system, the spark of life. This energy is what flows from our brain, spinal cord and all the nerves connecting to every cell in our body. In fact if one were to strip away all the cells from one's body and only leave the nerves. **One would still be able to recognize oneself.**

The other energy system of the body is our combustion system. This system has to do with the food we eat. As your chiropractic I am concerned about both systems, but I specialize in the electrical system.

From day one in the mother's womb, one's spark of life causes one cell to divide into two cells then four cells etc. until nine months later we have a baby. The first specialized part of the embryo to show up is the brain and the spinal cord. From the spinal cord come the spinal nerves which grow organs and the rest of the body parts. An analogy would be a tree trunk as the spinal cord, the branches of the tree as the spinal nerves and ultimately the leaves, flowers and fruit as all other organs and body parts.

One can now see that the divine energy of life is an innate intelligence which directs not only function but also the creation of every cell in one's body. This innate intelligence continues throughout our life to heal us and direct our function.

Science has discovered that every cell of our body replaces itself within one to two years.

Everyday we have a fresh start. Based on our daily activities and desires we adapt our bodies to the self imposed physical and mental stresses necessary to achieve those activities and desires.

If I were to start lifting heavy weights everyday my bones would become denser and thicker, my muscles would become larger, and my digestive tract would digest protein foods more easily. I would even look different because my body would be different. Likewise if I were to become a marathon runner, my bones would become lighter, my muscles would become more slender, and my digestive tract would specialize in digesting carbohydrates. My body would look completely different compared to if I had chosen to be a weight lifter.

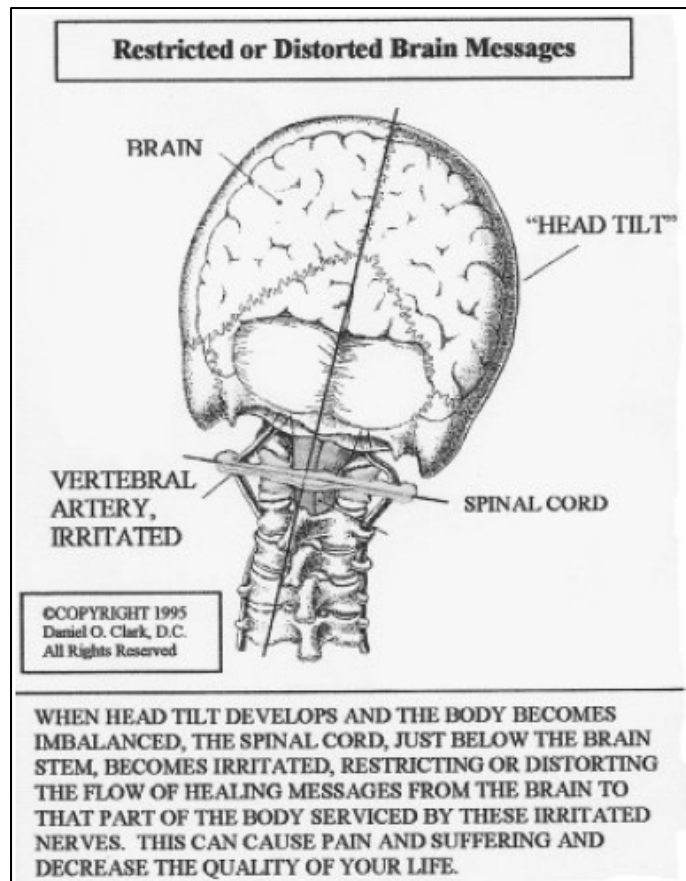
If every cell of the body does replace itself within 1-2 years then why would a person have an ongoing symptom or disease. One would think that the organ and cells that are causing the symptoms or disease would soon replace those damaged or diseased cells with new normal functioning cells.

If one's symptom or disease was caused by a combustion/nutritional deficiency then the whole body would be affected. This scenario is not however the case in most conditions. Usually only one or a few parts of the body are painful or diseased.

The chiropractic principle of healing is the answer. Since the electrical system (nervous system) communicates the divine spark as innate intelligence from the brain and spinal cord to all organs and tissue, one must deduct that there has to be an electrical interference to the diseased or painful body part.

The most common interference to our electrical system, the nervous system, is a vertebral subluxation.(see A) A vertebra subluxation is a misalignment of a vertebra with the one above or below causing compression or irritation to the spinal cord or it's nerves as they exit the spinal bones.

A. Vertebral Subluxation



Thank God for chiropractic. My job is to find and correct the vertebral subluxation. Once the corrective process is started less nerve interference translates to better healing of the effected organs and tissue cells.

This wonderful phenomenon insures that we actually do have a fresh start every day.

The innate intelligence is again connected to the diseased or damaged tissue and normal cells replace abnormal cells as healing occurs.

Take chiropractic seriously and bring yourself and your family members in for regular checkups.

Below are examples of what chiropractic can do when patients follow through with my initial corrective and maintenance plans:

“Since being under chiropractic care I don’t have severe pain all over my body, my constant headaches are gone and I don’t need to wear eyeglasses anymore. I used to be legally blind without my eyeglasses.”

-Mari G. Age 23

“My headaches were gone within 2 weeks and realized that my arms and feet aches were gone too”

-Georgette V. age 82

“Chiropractic Adjustments has removed the chest pain, neck pain, and I can now sleep on my back without lying at a 45 degree angle.”

-Richard T. PhD Age 68

“I had been trying to get pregnant for about 1 year with no results. Two weeks after my first adjustment, the miracle happened. I am pregnant, feel good now, relaxed, can sleep, and I have more energy.”

-Imelda M. Age 29

“I have no lower back pain, I have not used my inhaler in the past year, my menstrual cycles are no longer painful, and my allergies have only been bad twice this past year.”

-Cheryl S. Age 37

“I went through spring without allergy medication and my back and neck feel great. My golf game has also improved.”

-Thomas S. Age 52

Computerized Thermography now used to Identify Vertebral Subluxations

I have recently incorporated computerized thermography into the patient analysis.

Some of you may remember that I used to use a hand held unit to measure the temperature of skin on one's neck. I personally liked this test however the technology of storing the data from each test was not practical. Comparing thermographs over a treatment period is the most valuable aspect of thermography.

With the new computerized thermography all readings are stored for comparative studies plus the hand held device is accurate to the .01 degree centigrade. The new instrumentation is so accurate that the data from the patient's analysis is accepted in the medico legal system as objective findings in the case of proving whether an injury had occurred or not.

Between, computerized thermography, x-ray findings, computerized pro adjuster analysis, muscle testing, leg length check, palpation and postural observation, I feel confident that our office has the best chiropractic system of detection and correction of Vertebral Subluxation in all of Southern California.